

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone \_\_\_\_\_

Expert 25 Mile  Sport 15 Mile  Citizen 10 Mile  
 Expert Single Speed  Sport Single Speed  
 Cub race  Tandem

Age \_\_\_\_\_ DOB \_\_\_\_\_ Sex  M  F

**Amt. enclosed** \_\_\_\_\_

I, \_\_\_\_\_ agree that I alone am responsible for my safety while participating in the event. I do not hold any employee, sponsor, promoter, volunteer, club official, director or person other than myself responsible for my safety. I hereby agree to waive, release and discharge any and all claims for damages, death, personal injury or property damage which may have accrued to me as a result of my (or co.-sign for under 18) participation in the event. This acknowledgement and assumption of risk and release shall be binding upon my heirs and assigns. (Approved helmets required)

**SIGNATURE** \_\_\_\_\_

Date \_\_\_\_\_

(participant or parent of participant under 18)

**Send to: Seeley Lions Club, Box 861, Seeley, WI 54843**

**HELP SAVE THE TRAILS...**

ADD: \$5  \$10  other \$ \_\_\_\_\_

Your voluntary contributions will be distributed to the Chequamegon Area Mountain Bike Association (CAMBA) to aid the development and maintenance of area off-road bike trails. Also bring any unused eyeglasses for the Lions "Sight First" campaign, PLEASE! Thanks!

# FOUR BIG EVENTS

## Expert-Fat

**Sponsored by:**

**Northwoods Community Health Center**

A fast, technical & physically challenging race course. For advanced, skilled & conditioned rider. 25 miles - A cut-off time will be enforced.

**Starting at 10:30 am. Registration ends at 9:15 am**

Age classes: 16-19 and 5 year intervals thereafter to 50 & over.

**Single Speed Division - Open**

## Sport-Fat

A fast, less technical, yet challenging course for moderate to high skilled & conditioned rider.

15 miles

**Starting at 9:45 am. Registration ends at 9:15 am**

Age classes: 13-15, 16-19 and 5 year intervals thereafter to 60 & over.

**Single Speed & Tandem Divisions - Open**

## Citizen-Fat

A less technical, rolling course for beginner to moderate skilled & conditioned rider.

10 miles

**Starting at 9:30 am.**

Age classes: 10 & under, 11-13, 14-16, 17-19 and 10 year intervals thereafter.

**Tandem Division - Open**

## Cub Race

Age 10 and under racers

**1:00 pm start.**

In back of the Sawmill Saloon; about 2-3K

**Please bring unused eyeglasses for the Lions "Sight First" campaign**

# ENTRY FEES

## **\*25 Mile Expert**

**\$30-Advance\***

**\$35-Race Day\***

## **\*15 Mile Sport**

**\$25-Advance\***

**\$30-Race Day\***

## **2K Cub**

**\$5**

## **\*Family Discount**

\$60 total for each family with three or more entries. \$70 on race day.

**No entries should be mailed after Aug. 23, 2010.**

**Online registration deadline is midnight Aug. 26, 2010.**

## **\*10 Mile Citizen**

**\$20-Advance\***

**\$25-Race Day\***

**Entry includes water bottle**

**Helmets required of all racers including cub**

**Tandem requires 2 individual fees**

# PRIZES

**\*EXPERT: Cash** based upon number of racers paid to the top Male and Female Finisher's in the open Expert race. Single speed cash pays 3 deep. Payout formula will be posted on race day. Age class awards to Top 3.

**\*SPORT: Swag** to top 3 Male and Female Finisher's in the 15 mile race. Age class awards to Top 3.

**\*CITIZEN: Awards** to top 3 Male and Female Finisher's in the 10 mile race. Age class awards to Top 3.

*\*We reserve the right to combine age classes. Must be present to accept award or have made arrangements to pick it up. None will be mailed.*

**Awards following completion of each race.**

Expert awards plus Swag give away drawings (including 2 complimentary Cheq Fat Tire and 1 Birkebeiner entries) at 1:30 p.m.

# 15th Annual **PRE-FAT**

## **MOUNTAIN BIKE RACE**

*Citizen, Sport and Expert  
3 Divisions, Something for Everyone  
Children's Race After the Adult Races  
Come Enjoy a Fun Day of Racing &  
Recreation at the Seeley Lions Pre-Fat*

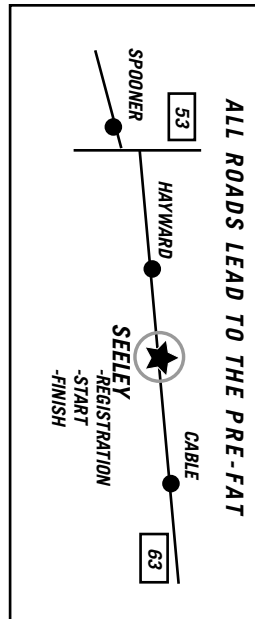
**SATURDAY**

**AUGUST 28, 2010**

Contact Tom @ 715-634-6449 or  
log on to [www.seeleywis.com](http://www.seeleywis.com)  
to download application or to register

*Please bring unused eyeglasses for the  
Lions "Sight First" campaign*

**Seeley Lions Club**  
P.O. Box 861  
Seeley, WI 54843



**REGISTRATION AT THE SAWMILL  
SALOON IN SEELEY**  
FRIDAY, Aug. 27: 5:00-8:30 PM  
SATURDAY, Aug. 28: 7:45-9:15 AM

